

Core Areas of Counselor Development

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Does Not Meet Expected Level	Meets Expected Level	Exceeds Expected Level	Not Applicable	Insufficient Information
1	2	3	N/A	IS

Core Competency	Student Rating	Supervisor Rating
1. Self-Other Awareness (e.g., emotional awareness, differentiation)	2	3
2. Basic Skills (e.g., listening, empathy, confrontation, goal & agenda setting)	2	3
3. Knowledge (e.g., cull from academic training to clinical situations)	2	2
4. Professional Role (e.g., insight & understanding of counseling role)	3	3
5. Multiculturalism	3	3
6. Individual Counseling Core Domains:		
a. <i>Theoretical Orientation and Insight into philosophical assumptions:</i>	2	2
b. <i>Individual Assessment Techniques and Skills:</i>	2	2
c. <i>Individual Client Conceptualization consistent with theory:</i>	2	2
d. <i>Advanced Techniques consistent with theory:</i>	2	2
7. Couple & Family Core Domains	N/A	N/A
a. <i>Particular Systems Theory</i>		
b. <i>Systemic Skills (e.g., Joining, etc.)</i>		
c. <i>Case Conceptualization consistent with theory</i>		
d. <i>Systemic Techniques consistent with theory</i>		
8. Group Counseling	N/A	N/A
a. Psychoeducation		
b. Group Process Groups		
c. Stages of Group		
9. Ethics and Legal Issues	3	3
10. Integration/Biblical Worldview	N/A	N/A
11. Ability to Write a Biopsychosocialspiritual Intake	3	3
12. Ability to Write Progress Notes	3	2
13. Ability to Develop a Treatment Plan	3	2
14. Ability to Self-Supervise	2	2

Student Comments: When completing things of this nature, I am often reminded of the many areas of growth that is still required of me as a therapist. I greatly appreciate the supervision time that I have with Jennifer which allows me to process each of the areas listed above – identifying areas of strength while also identifying areas in which I must improve as a therapist

Supervisor comments: Scott demonstrates an excellent awareness of his strengths and areas of growth. His commitment to his clients, care for their well-being, and strong engagement skills make him a valued counselor in our agency. His clinical areas of strength are case conceptualization and diagnostic formulation. He continues to grow in his knowledge and delivery of evidence-based treatment models with fidelity. He is open to feedback and seeks to improve his clinical skills. His ethical and legal decision-making skills are solid as he uses the ACA Code of Ethics to guide decision-making. His documentation is accurate and timely. He is a pleasure to work with!